



Adult Enrichment Centers

Flexible • Affordable • Professional

ADULT DAY SENIORS - ROCK HILL ADULT ENRICHMENT CENTER

359 PARK AVENUE
ROCK HILL, SC 29730
803.327.7448

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2.	3. Hot Chocolate Bar and Carolers Bells W/Carol L-moody Monday Christmas village Craft	4. Pop Sugar Fit Refresh Let it Snow Words L-Terrific Choice Corn Hole	5 Stretch and flex Roll A story Whats 'your Elf name? L-Whimsical Wed Bowling	6. Morning Moves Christmas Feud L-Things you should say Thurs Refresh Carolers visit 2:30	7. Dance Party Art w/Imre Scavenger hunt L-Fall into Friday Right /left game	8..
9	10. Zumba Christmas stories Arm Chair Travel L-Mistletoe Monday Fun with Food	11. Pop Sugar Fit Refresh Word scramble L-Terrible Tues Tabletop Games Roundup	12. Stretch and Flex Snowball Wars L-no worries Snowman Art Warm drinks on the patio	13. Morning Moves Cookie of the Month club L-talented Thurs Refresh Group Name that Carol?	14. Dance Party Art w/imre Paint that scene L-Famous Friday The Price Is Right	15
16.	17. Zumba Breakfast W/Santa Bells L-Moody Monday Trip to Billy Graham Library	18. Pop Sugar Fit Christmas Tree Art Snowman Soup L-Time Hop Tues Candy Cane hunt	19. Stretch and Flex Children's Choir Book Club L-Wishful Wed Min it to win it Christmas Games	20. Morning Moves Movie Trivia L-thumbs up Thurs Do you Want to build a snowman? Refresh Group	21. Dance Party Art w/Imre Cards for family L- Frosty Friday Family Feud	22.
23.	24. Zumba The Grinch All Day L- Merry Monday Grinch, And More Grinch	25. CLOSED MERRY CHRISTMAS	26 Stretch and Flex Show and tell L-Well done Wed Let's play corn hole!	27. Morning Moves Manicures, music and massage L-Think happy Write a winter poem	28. Dance Party Art w/Imre Thank you notes L- Funky Friday Bingo Bonanza	29.
30.	31. Zumba New Years Eve Party Write your Resolutions					

MONDAY THROUGH FRIDAY

7:30 AM - 5:30 PM

EVENINGS AND SATURDAY BY APPOINTMENT

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